

Master Class in Neck Pain

Day 1	
8.30 - 9.00	Registration
9.00 - 10.30	Introduction and APBC philosophy
10.30 - 10.45	Tea/Coffee break
10.45 - 11.45	Cause and effect of subluxation degeneration, Contraindication of Manipulation (ข้อห้ามของการทำ Manipulation)
11.45 - 13.00	- Practice Differential diagnosis cause of neck pain - Practice Radiculopathy pain differential diagnosis from Disc pain, facet pain and outside of the neck structure.
13.00 - 14.00	Lunch break
14.00-15.00	- Practice cervical palpation assessment - Soft tissue assessment and articulation
15.00 - 15.30	- Study Cervicogenic headache manual therapy treatment - APBC Technique treatment for migraine and insomnia
15.30 - 17.00	- Study APBC Technique treatment for Chronic upper cervical pain, pain after whiplash

Day 2	
9.00-10.00	- APBC Technique treatment for TMJ pain & facial pain
10.00 - 11.00	- Articulation technique for reverse lordosis, military neck & straight neck, office syndrome
11.00-11.15	Tea/Coffee Break
11.15-13.00	- Show technique manipulation/mobilisation and practice for C7, C5 & C5 - Treatment for facet pain pain
13.00-14.00	Lunch Break
14.00 - 16.00	Show technique manipulation/mobilisation and practice for C4 & C4 - Treatment for Chronic neck pain, spondylitis and stiff neck
16.00 - 16.30	- Review all of techniques and group tutorial
16.30-17.00	ปิดการอบรม ถ่ายรูป รับใบประกาศ